Florida Medicaid: Mental Health and Substance Abuse Services

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House Children, Families, and Seniors Subcommittee
March 4, 2015
Medicaid-Covered Mental Health and Substance Abuse Services

- Community mental health and substance abuse treatment services
- Mental health targeted case management
- Inpatient/ residential psychiatric treatment
- Child welfare-related mental health and substance abuse services
Medicaid-Covered Mental Health and Substance Abuse Services (cont.)

- Community mental health and substance abuse services:
  - Assessments
  - Treatment planning
  - Individual, group, and family therapies
  - Community support and rehabilitative services
  - Therapeutic behavioral on-site services for children and adolescents

- Mental health targeted case management:
  - Assists recipients in gaining access to needed medical, social, educational, and other services
Medicaid-Covered Mental Health and Substance Abuse Services (cont.)

- **Inpatient/residential psychiatric treatment:**
  - State Mental Health Hospital: over age 65
  - Statewide Inpatient Psychiatric Program (SIPP): under age 21.

- **Specialized service for children in child welfare:**
  - Behavioral health overlay services
  - Comprehensive behavioral health assessment
  - Specialized therapeutic foster care
  - Therapeutic group care services
Current Medicaid Eligibility

- Pregnant Women
- Infants up to Age 1
- Children (Age 1 thru 5)
- Children (Age 6 thru 18)
- Age 19 & 20
- Parents
- SSI, Aged, Disabled
- Long Term Care

- 185% FPL
- 185% FPL
- 133% FPL
- 133% FPL
- 18% FPL
- 18% FPL
- 74% FPL
- MEDS AD

- Home and Community Based Services, Nursing Homes, Hospice 222%
- MEDS AD 88% FPL
Statewide Medicaid Managed Care

• Implemented in 2013-2014.
• Most Medicaid recipients must enroll in the Managed Medical Assistance component of the program.
• Managed Medical Assistance plans must cover most Medicaid state plan services, including mental health and substance abuse services.
Provider Network Adequacy

• Plans must meet network adequacy requirements specified in the SMMC contract.
• There are specific network adequacy requirements for mental health and substance abuse services providers.
Provider Network Adequacy (cont.)

- Network adequacy requirements are in place for:
  - Board Certified or Board Eligible Adult and Child Psychiatrists
  - Licensed Practitioners of the Healing Arts
  - Licensed Community Substance Abuse Treatment Centers
  - Inpatient Substance Abuse Detoxification Units
  - Fully Accredited Psychiatric Community Hospital (Adult and Children) or Crisis Stabilization Units/Freestanding Psychiatric Specialty Hospital
Performance Measures

• Plans must report on mental health and substance abuse-related performance measures:
  – Antidepressant Medication Management
  – Follow-up Care for Children Prescribed ADHD Medication
  – Initiation and Engagement of Alcohol and other Drug Dependence Treatment
  – Follow-up after Hospitalization for Mental Illness
  – Mental Health Readmission Rate
Specialty Plan

• A Managed Medical Assistance plan that serves Medicaid recipients who meet specified criteria based on age, medical condition, or diagnosis.
• When a recipient meets the eligibility criteria for a specialty plan, the Agency will assign the recipient to that plan.
• Specialty plans may:
  – offer additional expanded benefits
  – report on additional performance measures
  – have enhanced provider network standards
Serious Mental Illness Specialty Plan

• Serves recipients ages six and older who are diagnosed with or in treatment for a serious mental illness:
  – Schizophrenia
  – Schizoaffective Disorder
  – Delusional Disorder
  – Bipolar Disorder
  – Major Depression
  – Obsessive Compulsive Disorder; or
  – Recipients who are treated with a medication commonly used to treat a disorder listed above.

• 40,814 recipients are enrolled in this plan (Feb 2015).
• Magellan Complete Care is the specialty health plan
Serious Mental Illness Specialty Plan

• Expanded benefit: medically necessary intensive outpatient therapy for substance abuse
• Additional performance measures:
  – Diabetes screening for people with schizophrenia or bipolar disorder who are using antipsychotics
  – Diabetes monitoring for people with diabetes and schizophrenia
  – Cardiovascular monitoring for people with cardiovascular disease and schizophrenia
  – Adherence to antipsychotic medications for individuals with schizophrenia
### Serious Mental Illness Specialty Plan: Enhanced Provider Network

<table>
<thead>
<tr>
<th>Provider Type</th>
<th>Specialty Plan Enhanced Network Adequacy Ratios</th>
<th>Standard Plan Network Adequacy Ratios</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care Provider</td>
<td>1:750</td>
<td>1:1500</td>
</tr>
<tr>
<td>24-Hour Pharmacy</td>
<td>2: County</td>
<td>n/a</td>
</tr>
<tr>
<td>Board Certified or Board Eligible Adult Psychiatrist</td>
<td>1:375</td>
<td>1:1500</td>
</tr>
<tr>
<td>Fully accredited Psychiatric Community Hospital (Adult) or Crisis Stabilization Units/Freestanding Psychiatric Specialty Hospital</td>
<td>1 bed:500 enrollees</td>
<td>1 bed:2000 enrollees</td>
</tr>
<tr>
<td>Inpatient Substance Abuse Detoxification Units</td>
<td>1 bed:1000 enrollees</td>
<td>1 bed:4000 enrollees</td>
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Questions