Give your baby healthy teeth from the start. It’s easy!

- Gently brush baby’s teeth twice a day. Use a tiny amount of fluoride toothpaste.
- Take your baby to the dentist by her first birthday. Continue regular check-ups as recommended.
- Tooth decay is caused by bacteria. Your baby can “catch” the bacteria from you.
- Keep your mouth healthy.
- Don’t share cups or spoons.
- Put only water, milk or formula in bottles or sippy cups.
- Don’t put your baby to bed with a bottle or sippy cup.
- Limit sweet snacks and sugary drinks, including juice.

Medicaid and Florida KidCare cover children’s dental services, such as teeth cleanings, check-ups, x-rays, fluoride, dental sealants and fillings. Your child could be eligible!

For information on Florida Medicaid, visit AHCA.MyFlorida.com or call 1-877-254-1055
To learn more about Florida KidCare, visit FloridaKidCare.org or call 1-888-540-5437