Call your Medicaid health plan for more information on the services they offer to help you stop using alcohol or other drugs.

If you need help finding contact information for your plan, or if you are not enrolled in a health plan, call our Medicaid Helpline at:

1-877-254-1055

or visit www.ahca.myflorida.com/Medicaid

SUBSTANCE ABUSE CAN BE DEADLY

According to the Centers for Disease Control and Prevention (CDC):

- Alcohol Use Causes 88,000 Deaths A Year
- Forty Four People Die Every Day In The United States From Overdose Of Prescription Drugs
If you use alcohol and other drugs, you may become addicted to them. Below are some diseases you may develop if you do not get help to stop using alcohol and other drugs:

- Heart Disease
- Cancer
- Liver Disease
- HIV/AIDS
- Lung Disease
- Mental Illness
- Early Death

Did you know your Medicaid health plan offers rewards for finishing a free program that will help you stop using harmful substances such as alcohol or other drugs?

Here is what is available from your health plan:

Counseling/Coaching – Provides face-to-face or phone counseling sessions with a trained counselor or case manager. Your counselor may help you:

- Learn about the dangers of alcohol and other drugs
- Know the signs of abuse or addiction to alcohol or other drugs
- Find ways to stop using alcohol and other drugs
- Join a support group with people that share your goals
- Make a plan to track your goals
- Find a treatment program

Advantages of Going to Your Primary Care Doctor Instead of the Emergency Room for Alcohol and other Drug Related Health Issues.

- You will get care from a doctor who knows your health history
- You will spend less time waiting to be seen

Good health starts with visiting your doctor. It is important for you to develop a relationship with your primary care doctor. This will allow your doctor to get to know you and talk with you about your health. He or she will help you understand your medical needs. This includes ways to stop using alcohol and other drugs.