RECTIV® (nitroglycerin ointment 0.4%)  

**LENGTH OF AUTHORIZATION:** ONE TUBE (30g); DATE OF SERVICE

**REVIEW CRITERIA:**
- Patient must be ≥ 18 years old.
- Patient must have a documented history of an anal fissure
- Patient must have a documented history (within past 60 days) of trial of at least two of the more conservative treatments for the underlying cause of the anal fissure:
  - Some conservative treatments may include:
    - High-fiber diet or fiber supplements
    - Adequate fluid intake
    - Sitz baths
    - Topical analgesia/medicated creams (e.g. Anusol HC, zinc oxide)
    - Stool softeners (e.g. Metamucil)

**DOsing:**
- Apply 1 inch of ointment (375 mg of ointment equivalent to 1.5 mg of nitroglycerin) intra-anally every 12 hours for up to 3 weeks.
- Dosage form: 0.4% w/w (4 mg nitroglycerin/1 g ointment) in 30 g tubes