Florida Alcohol and Drug Abuse Association

Presented to the Behavioral Health Quarterly Meeting
Pensacola, Florida
April 23, 2014
• Florida Alcohol and Drug Abuse Association
  • Founded in 1981
  • Currently has 67 behavioral health care organizations as Members
  • Members are in all parts of Florida from Key West to Pensacola
Services Provided by FADAA Members include:

- Outreach and Intervention
- Prevention and Wellness
- Residential Detoxification
- Addiction Receiving Facilities
- Residential Treatment
- Special residential and outpatient services to Pregnant and Parenting Women
• Outpatient Services:
  • Individual and Group Therapy
  • Day Treatment
  • Intensive Outpatient Program

• Case Management
• In-Home Services
• Aftercare and Recovery Support
• Supported Employment/Housing Support
• Special Populations:
  • Drug Courts
  • Department of Corrections
  • Child Welfare
  • Veterans
  • Elderly
  • HIV
• Treatment is effective:
  • Overall treatment of addiction is as successful as treatment of other chronic diseases
  • Rapid entry into treatment generates better long-term recovery outcomes
  • Evidence-based practices enhance treatment outcomes
• Managed Medical Assistance presents a major change for Providers.
• Substance Abuse will be included in Medicaid managed care for the first time.
• Some providers have limited experience in billing Medicaid for services.
• Concern about enrollment in the networks, what services will be covered, how prior authorization will operate, etc.
• Managed Medical Assistance also presents opportunities for the integration of behavioral and primary care.

• Substance use disorders have high levels of co-morbidity with other medical problems.

• Direct effects of consumption of the substance and the toxicity of possible contaminants impact health.
• Indirect effects of substance use disorders related to associated lifestyles, such as infectious diseases, trauma, nutritional deficiencies, and consequences of intoxication impact health status.

• Many persons with substance use disorders experienced trauma as a child or young adult.
Examples of multiple medical issues:

- Cardiovascular conditions
- Gastritis or other GI complications
- Liver Disease
- Diabetes
- Neuropathy
- Pancreatitis
- Anemia
- Coronary Artery Disease
- Hypertension
- HIV
• Substance Use Disorders impact on cost:

  • In the southern region of the U. S., 393 acute care inpatient stays per 100,000 were for substance use disorders, and Medicaid paid 36.5% of the costs.
  • Patients with severe mental or substance use disorders have higher rates of admission to emergency rooms; patients with co-occurring behavioral health disorders have rates of admission that are twice the rate of patients with other chronic conditions.
• Substance Abuse Treatment can reduce health care costs:

  • John Hopkins Healthcare reported a return on investment of $3.65 per $1 spent on substance abuse intervention.
  • Several studies have shown that substance abuse treatment reduces overall health care costs for chronic patients ranging from $133 to $380 per month.
• Opportunities for Integration of Behavioral and Physical Health Care
  
  • Increase adult screening and use of practices such as Screening, Brief Intervention, Referral and Treatment.
  
  • Improve screening and referrals with pregnant women and women of child bearing age.
  
  • Implement models on integration with physical health care in primary and obstetrics/gynecology, hospitals, community health centers, and community behavioral health centers.
• Opportunities for Integration (continued)

• Coordinate care at the service delivery level for persons with substance use disorders

• Use shared clinical protocols and levels of care, such as the ASAM, to improve coordination.

• Use electronic health records and linkages.
• Challenges presented in the Child Welfare field:
  
  • Children in Child Welfare are primarily Medicaid eligible
  
  • Many of the children’s parents—mostly mothers—are Medicaid eligible.
• Disturbing Reports on Child Deaths Associated with Parental Substance Abuse.

  • National Research shows that 60% to 80% of substantiated child abuse and neglect cases involve substance abuse.

  • November 2013 Casey Family Program Report stated that very few of the parents received substance abuse treatment.

  • The Miami Herald Series, *Innocents Lost*, showed that of 477 child deaths, 323 were related to parent substance use disorders.
• Comprehensive, intensive, and appropriate substance abuse services must be immediately available to families.

Services need to be:

• Family Based
• Gender Specific
• Provided immediately at the appropriate level of care and intensity
• Integrated with the treatment of other family members
• Coordinated with parental education and child care

• Case Management should be available to all families.
• Managed Medical Assistance Health Plans are part of the solution for parental substance use disorders.

  • Establish linkages with the Department of Children and Families and the local Community Based Care Lead Agency to ensure that the health plan is aware when a parent has a Dependency Case Plan and what the needed services are.
  • Immediate access to appropriate treatment and recovery support
  • Case coordination with the Community Based Care Lead to ensure integration of family services and uniform approach to case plan implementation.
• Future Opportunities

• Substance abuse providers as integral part of provider networks.
• Adopt targeted adult screening for substance use disorders and referral mechanisms in primary care and other medical settings.
• Establish linkages from primary care to behavioral health care providers.
• Implement models for integration of behavioral and primary health care.
• Implement care coordination programs.
• Work together to make children safer in Florida.
Thank You!

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