FOR IMMEDIATE RELEASE  
April 20, 2018

Contact: AHCA Communications Office  
AHCACommunications@ahca.myflorida.com  
(850) 412-3623

Kaiser Family Foundation Report: Florida is a Leader in Nursing Home Staffing

TALLAHASSEE, Fla. – A Kaiser Family Foundation report, published this month found Florida leads all of its peer states in total nurse hours per resident day (HPRD). According to Kaiser, experts recommend at least 4.55 HPRD in nursing facilities, and there are only five states in the country that meet or exceed those recommendations. Certified nursing facilities in Florida averaged 4.55 HPRD compared to the national average of 4.05. Only Alaska, Idaho, Oregon and Utah averaged more hours.

Agency Secretary Justin Senior said, “Florida’s nursing homes continue to outpace our peer states in terms of performance and quality. In recent weeks, the Agency announced that Medicaid recipients are enjoying an increased quality of life and that Florida is a national leader in reducing the use of antipsychotic drugs in nursing homes. These high standards are only possible thanks to the dedication of our community partners, and the results of this study prove that Florida’s nursing homes are committed to staffing their facilities in a manner that allows the best possible care for their residents.”

The study, which was part of a larger report on nursing facilities, used data from 2009 through 2016 to make their findings. The report found a significant relationship between staffing levels...
and the outcome of care. According to Kaiser’s report, “The benefits of higher staffing levels, especially RNs, include lower mortality rates; improved physical functions; less antibiotic use; fewer pressure ulcers; catheterized residents, and urinary tract infections; lower hospitalization rates; and less weight loss and dehydration. Moreover, in states that have introduced higher minimum staffing standards for nursing facilities, nurse staffing levels and quality outcomes have improved.”

# ##

The Agency for Health Care Administration is committed to better health care for all Floridians. The Agency administers Florida’s Medicaid program, licenses and regulates more than 50,000 health care facilities and 47 health plans, and publishes health care data and statistics at www.FloridaHealthFinder.gov. Additional information about Agency initiatives is available via Facebook (AHCAFlorida), Twitter (@AHCA_FL) and YouTube (/AHCAFlorida).